

A background image of children in a dance studio. On the left, two young girls in white leotards and pink tutus are looking towards the camera. In the center, a young boy in a black t-shirt and black shorts is looking upwards. On the right, the arm and hand of an adult, likely a teacher, are visible, reaching towards the children. The scene is brightly lit, suggesting a clean and professional studio environment.

SHINING STARZ DANCE STUDIO

DRESS CODE

**“THEN YOU WILL SHINE AMONG
THEM LIKE STARS IN THE SKY.”
PHILIPPIANS 2:15**

**2023-24
SEASON**

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HELPFUL TIPS

Students will remain in the same color leotard all year. This is determined based on their age prior to the age cut off of Sept. 1st.

No underwear should be worn with dance attire.

Dance Shoes should never be worn outdoors. Please have them in your dance bag until you arrive to the dance room. This INCLUDES Hip Hop Shoes.

A Refillable water bottle should be brought to class. Please no glass, open cups, cans, or cups with lids with protruding straw.

Tutus may NOT be worn in ballet class. A single layer skirt may be worn. ATTACHED skirt required for Baby, Twinkling & Little Starz. DETACHED skirt for all other age groups, with the option for an attached skirt for Shooting Starz.

Dancers should wear something over their dance attire as they come and go from the studio.

Write your dancer's name on the INSIDE of ALL shoes and equipment.

Earrings may be worn in class. Please no dangling earrings or hoops for the safety of the dancer. Studs need to be worn for all SSDS classes.

CLOTHING REQUIREMENTS:

Leotards may not have cut outs, nude or illusion material, or lace with illusion or tan underlay in the bodice, bust, or leg line.

Leggings and Bike shorts may NOT have big logos, cutouts with or without mesh, colors, loose strings, Words or Logos around the waist elastic, buttons or attachments.

No visible bras or athletic bras will be allowed. Please select a leotard that support your dancers needs.

Please help your dancer with the neckline and legline choices to keep leotards following a standard of modesty.

The fit of your dancers leotard is essential to a dancer's confidence. Please be mindful as the year progresses to be sure the fit still follows these guidelines.

STUDIO DRESS CODE

BABY & TWINKLING STARZ (2&3 Years)



2 & 3 years

Light Pink Leotard with attached skirt

Pink Convertible Tights

Hair: Secured out of face

Ballet

Pink Canvas Ballet Shoes

Optional:

Light pink Leg warmers

Tap/Acro

Black Velcro or buckle Tap Shoes



LITTLE STARZ (4 to young 5 Years)



4 & 5 years

Light Blue Leotard with attached skirt

Pink Convertible Tights

Hair: Secured out of face

Ballet

Pink Canvas Ballet Shoes

Optional:

Light pink leg warmers

Tap/Acro

Black Velcro or buckle Tap Shoes



STUDIO DRESS CODE

SHOOTING STARZ (K-1st Grade)



K-1st Grade

Cerise (Hot Pink) Leotard with or without attached skirt (Acro students should not have attached skirt)

Pink Convertible Tights

Ballet

Pink Canvas Ballet Shoes

-We recommend Angelo Luzio Canvas

Optional: Detached black or cerise skirt

Light Pink Legwarmers

Hair: Ballet Bun

Tap

Black Velcro or buckle Tap Shoes

Optional: Detached Black or Cerise skirt

Hair: Ballet Bun

Acro

Black Bike Shorts

*Bike shorts with 5" inseam or greater may be worn without tights.

Hair: braids or ballet bun

Students will need a Jump rope and black athletic shoes for the 1 hour version of this class.

Hip Hop

Cerise (Hot Pink) Leotard

Studio T-Shirt

Black Hip Hop Pants (sweat pants)

Black Athletic Shoes with a white sole - Need to be "class only" and not worn as street shoes. We recommend Weissman Ultra Vibe Tennis Shoe.

Hair: Secure pony tail or braids



STUDIO DRESS CODE

SPARKLE STARZ (2nd-3rd Grade)



ALL 2nd-3rd Grade

Grape Leotard without attached skirt

Ballet

Pink Convertible Tights

Pink Canvas split sole Ballet Shoes

-We recommend Angelo Luzio Canvas

OPTIONAL:

Lavender or grape skirt

Light Pink Leg warmers

Hair: Ballet Bun

Tap

Black Bike Shorts or Leggings

Bike shorts with 5" inseam or greater
may be worn without tights.

Black Lace Up Tap Shoes

Hair: Braids or Ballet bun

Acro

Black Bike Shorts

Bike shorts with 5" inseam or greater
may be worn without tights.

Hair: braids or ballet bun

Students will need a Jump rope and
black athletic shoes for the 1hour version
of this class.



STUDIO DRESS CODE

SPARKLE STARZ (2nd-3rd Grade) cont.



ALL 2nd-3rd Grade

Grape Leotard without attached skirt

Jazz/Musical Theatre

Solid black Leggings or bike shorts
Bike shorts with 5" inseam or greater
may be worn without tights
Skin Tone Jazz Shoes

- Bloch pulse Tan
- Weissman jazz shoes available to order at SSDS

Hair: ballet bun



Lyrical/Contemporary

Solid black Leggings or bike shorts
Bike shorts with 5" inseam or greater
may be worn without tights
Black Apolla Shocks

Hair: ballet bun



Hip Hop

Studio T-Shirt - Black, gray, or white
Black Hip Hop Pants (sweat pants)
Black Athletic Shoes with a white sole -
Need to be "class only" and not worn as
street shoes. We recommend Weissman
Ultra Vibe Tennis Shoe.

Hair: Secured pony tail



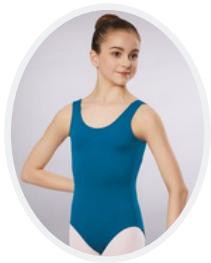
STUDIO DRESS CODE

RISING STARZ (4th Grade-6th Grade)

Attire for ALL Classes

Teal Leotard in your preferred style*

Hair: Secured Proper Ballet Bun



Ballet

Pink Convertible Backseam Tights

Pink Canvas ballet Shoe

- We recommend Angelo Luzio Canvas

Black Pull-on skirt found in Studio Store

Ballet Belt in level color

Optional: Light Pink or Black Leg warmers

Hair: Secured Proper Ballet Bun

Ballet Students will need a yoga mat,

therabands & yoga blocks



Jazz

Solid Black Bike Shorts or Leggings

(no logos, cut outs or decorative detail)

Bike shorts with 7" inseam or greater

Shoes: Skin Tone Jazz Shoes

- Bloch pulse Tan

- Weissman jazz shoes available at SSDS



Contemporary

Solid Black Bike Shorts or Leggings

(no logos, cut outs or decorative detail)

Solid black Leggings or bike shorts

Bike shorts with 7" inseam or greater may be worn without tights

Solid Black Shirt or Studio Tee

Black Apolla Shocks "performance" or "Infinite"



Acro

Solid Black Bike Shorts or Leggings

(no logos, cut outs or decorative detail)

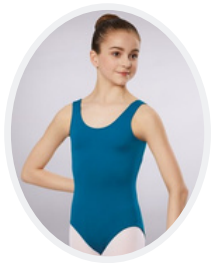
Bike shorts with 7" inseam or greater may be worn without tights.

Hair: Ballet Bun or Tight Braids



STUDIO DRESS CODE

RISING STARZ (4th Grade - 6th Grade cont.)



Attire for ALL Classes

Teal Leotard in your preferred style*

Hair: Secured Proper Ballet Bun

Tap

Pink Convertible Back Seam

Or tan Stirrup Tights

Solid Full Length Leggings

(no logos, cut outs or decorative detail)

Studio Tee

Shoes: Black Lace Up Full Sole Tap Shoes



Hip Hop

Studio Tee

Solid Black Hip Hop Pants

(no logos, cut outs or decorative detail)

Black Athletic Shoes with a white sole - Need to be "class only" and not worn as street shoes. We recommend Nike Tanjun with white check.

Hair: Pony Tail or tight braids



Musical Theatre

Pink Convertible Back Seam

OR Tan Stirrup Tights

Solid Black Bike Shorts or Leggings

(no logos, cut outs or decorative detail)

Bike shorts with 7" inseam or greater may be worn without tights.

Studio Tee

Shoes: Skin Tone Jazz Shoes

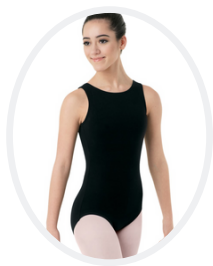
- Bloch pulse Tan

- Weissman jazz shoes available at SSDS



STUDIO DRESS CODE

DIAMOND STARZ (7th Grade & Up)



Attire for ALL Classes

Black Leotard*

Hair: Secured Proper Ballet Bun

Ballet

Pink Convertible Backseam Tights

-We recommend Angelo Luzio Canvas
Black Pull-on skirt found in Studio Store
Ballet Belt in level color

Optional: Light pink or Black Leg warmers
Ballet Students will need a yoga mat, therabands
& yoga blocks



Jazz

Solid Black Bike Shorts or Leggings

(no logos, cut outs or decorative detail)

Bike shorts with 7" inseam or greater may be worn
without tights

Shoes: Skin Tone Jazz Shoes

- Bloch pulse Tan
- Weissman available at SSDS

Black 2" T-Strap heel for Int/Adv Class



Contemporary

Solid Black Bike Shorts or Leggings

(no logos, cut outs or decorative detail)

Bike shorts with 7" inseam or greater may be worn
without tights

Solid Black Shirt or Studio Tee

Black Apollo Shocks "performance" or "Infinite"



Acro

Solid Black Bike Shorts or Leggings

(no logos, cut outs or decorative detail)

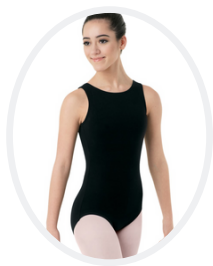
Bike shorts with 7" inseam or greater may be
worn without tights.

Hair: Ballet Bun or Tight Braids



STUDIO DRESS CODE

DIAMOND STARZ (7th Grade & Up cont.)



Tap

Pink Convertible Back Seam
Or tan Stirrup Tights
Solid Full Length Leggings
(no logos, cut outs or decorative detail)
Shorts with 7" inseam or greater may be worn
without tights
Studio Tee
Shoes: Black Lace Up Full Sole Tap Shoes



Hip Hop

Class Leotard
Black and White hip hop clothing
Shorts with 7" inseam or greater may be worn
without tights
Please be sure any phrases or images are
family friendly and studio appropriate.
Black Athletic Shoes with a white sole - Need
to be "class only" and not worn as street shoes.
We recommend Weissman Ultra Vibe Tennis
Shoe.



Hair: Secured out of face

Musical Theatre

Solid Black Bike Shorts or Leggings
(no logos, cut outs or decorative detail)
Shoes: Skin Tone Jazz Shoes
- Bloch pulse Tan
- Weissman available at SSDS
Studio Tee



Hair: Ballet Bun or secured braids

Pre-Pointe/Pointe

Pink Back Seam Convertible Tights
Any style/color ballet skirt
Ribbons for dancers on Flat - Teacher will review
day one
Pointe Shoes - ONLY for dancers that have passed
a pointe Exam with SSDS



BALLET WARM UPS

RISING STARZ AND DIAMOND DANCERS

Dancers may wear warm ups throughout the first combination (or few). This is not required, however these are the guidelines for what may be worn at the barre during that time.

Dress Code:

- Leg Warmers or booties in the specified color for your age group.
- "Trash Bag Pants" in purple, black or teal.
- A studio t-shirt
- A studio branded company jacket or warm up jacket
- A fitted black athletic jacket without logos or designs
- Legwarmers

Rising and Diamond Starz

Medium to Heavy Theraband

3in. thick FIRM Yoga Block

Yoga Mat

Dance Notebook

Pen

Water Bottle

Level Ballet

(Stretch Class supplies for ballet body weeks)

Raindance 1/2" Hip Allignment Belt

Level I - Dark Pink

Level II-Red

Level III - Royal

Level IV - Lilac

Level V - White

Level VI - Light Pink

Level VII- Black

*Ballet teacher will determine level first 4 weeks if you do not have current level placement.

STUDIO DRESS CODE

SHINING STARZ BOYS

All Ages - Attire



Ballet/Tap/Jazz/Acro/Musical Theatre

Black Compression Shirt
Black Athletic Shorts or Black athletic pants
Black Compression Shorts (under shorts/pants)

Hip Hop

Black Compression shorts
Black Hip Hop Pants - No designs, logos or decorative detail
Studio Tee

SHOES

Ballet

Black Canvas Ballet Shoes
Optional: White Crew length socks

Tap

Black Lace Up Tap Shoes
Optional: White Crew length socks

Jazz/Musical Theatre

Tan Balera Jazz Shoes (no laces) OR
Bloch Pulse Tan Jazz Shoes

Hip Hop

Black Athletic Shoe with a white sole. We recommend Nike Tanjun white sole, white check. These need to be "class only" and not worn as street shoes. We recommend Weissman Ultra Vibe Tennis Shoe.

Contemporary

Black Apolla Shocks



COMPANY DRESS CODE

COMPANY REHEARSAL DAY

Rehearsal Day Attire



Girls: Company Leotard
Black bike shorts or leggings
Company Jacket



Boys: Company Leotard color
compression shirt
Black shorts or pants
Company Jacket



Performance Hair

The Tuesday before a performance all company/team is required to wear their performance hair to be checked by the staff.



Dress Rehearsal Weeks

On scheduled dress rehearsal weeks students will need to bring their packed costumes along with regular class attire.



COMPANY DRESS CODE

COMPANY SUPPLIES



Shoes

All Company dancers are required to have a pair of black trainer style tennis shoes with a White Sole at every rehearsal day and performance day. We recommend Weissman Ultra Vibe Tennis Shoe, but also recommend a higher support for dancers with joint issues or commonly get shin splints.

All class shoes each dancer has should be brought to rehearsals. Dancers will need all performance shoes on this day. A detailed list of shoes will go out when we have made all costuming decisions.

Please note: Dancers may need things outside of their listed class shoes. ie. Secondary pair of jazz shoes in a different color, hip hop shoes of a different style, etc. or specialty routine shoes.

Hair

Hair should be in a secured ballet bun for all group and solo rehearsals. No wispy bangs falling out.

Supplies

Notebook
Pen
Bible
Jumprope





**NEED HELP FINDING YOUR DRESS
CODE? WE CAN HELP!**

WHERE TO BUY?

**IN STUDIO: MOST ITEMS ARE
AVAILABLE TO PURCHASE IN
STUDIO.**

**LOCAL DANCE STORES:
BELLISSIMO DANCEWEAR
SPELL'S DANCEWEAR**

**DISCOUNTDANCE.COM
PLEASE USE TEACHER CODE: **38067**
FOR EXCLUSIVE SSDS DISCOUNT**

**QUESTIONS?
OFFICE@SHININGSTARZ.ORG
(615) 465-6404**